

THE 12 PSYCHOLOGICAL PROFESSIONS IN NHS FUNDED HEALTHCARE

PSYCHOLOGISTS



PSYCHOLOGICAL
THERAPISTS,
PSYCHOTHERAPISTS
& COUNSELLORS



PSYCHOLOGICAL
PRACTITIONERS



PSYCHOLOGISTS



CLINICAL PSYCHOLOGIST

Applies psychological knowledge across healthcare settings

COUNSELLING PSYCHOLOGIST

Works across settings using a range of talking therapies

FORENSIC PSYCHOLOGIST

Works with offenders in the criminal justice system, usually in prison or secure settings

HEALTH PSYCHOLOGIST

Applies psychological knowledge to improve physical healthcare



PSYCHOLOGICAL THERAPISTS, PSYCHOTHERAPISTS & COUNSELLORS



COGNITIVE BEHAVIOURAL THERAPIST

Provides cognitive behavioural therapy to help people develop strategies for change

COUNSELLOR

Uses a recognised counselling framework to explore and resolve distressing issues

ADULT PSYCHOTHERAPIST

Uses specialist training in individual, couple or group therapy to help with emotional distress and mental health difficulties

CHILD & ADOLESCENT PSYCHOTHERAPIST

Uses specialist training to work across the healthcare system with children, young people and parents

FAMILY & SYSTEMIC PSYCHOTHERAPIST

Works with family members and other close relationships to strengthen resilience and find solutions together



PSYCHOLOGICAL PRACTITIONERS



PSYCHOLOGICAL WELLBEING PRACTITIONER

Provides brief CBT-based interventions to adults with mild to moderate anxiety or depression

CHILDREN'S WELLBEING PRACTITIONER

Provides brief evidence-based psychological interventions to promote mental wellbeing



EDUCATION MENTAL HEALTH PRACTITIONER

Works with children and young people in school and college with brief psychological interventions

