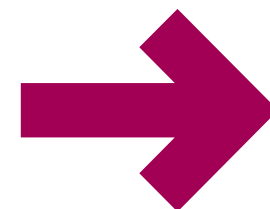


2017 North of England PWP Conference

Celebrating the role of the Psychological Wellbeing Practitioner (PWP)

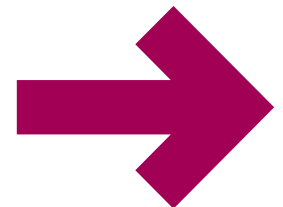
Ursula James – IAPT Programme Manager NHS
England





Why celebrate the role and work of PWP's?

- **My experience of working with PWP's**
 - In a service
 - In the national team
- **Commitment**
- **Feedback**
- **Sharing skills**



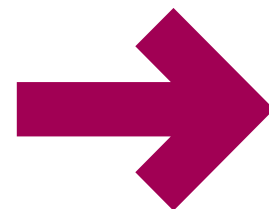
What do others say about PWP's?

You know that you're obsessed with your work when you get excited about starting therapy with someone new

PWP's really are amazing, the work they do within IAPT

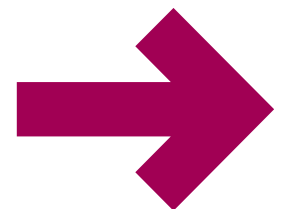
Without your support and confidence in me, I wouldn't still be here

I didn't think it would work, I didn't want to talk, how was talking going to help? I still can't believe the changes it has made.



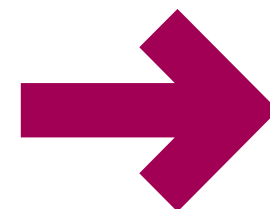
IAPT ... what's been achieved?

- Transformed treatment of anxiety & depression
- Stepped care psychological therapy services established in every area of England. Self-referral.
- Development and mainstreaming of the PWP role
- Increased number of trained therapists across the country
- Outcomes recorded in 97% of cases (pre-IAPT 38%)
- Very strict (depression & anxiety) recovery criteria
- Nationally 51% recover and further 16% improve. (50% target met Q4 16/17)
- Results broadly inline with the research literature
- **BUT** some areas have recovery over 60%



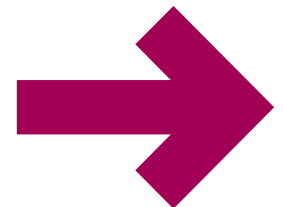
National IAPT Programme priorities

- Designing and developing with local areas **new integrated IAPT service models** and business cases to support their spread – in both primary and secondary care.
- **Improving equality** in access and outcomes for all adults (**older people** and people from minority ethnic groups are **underrepresented** in services. The proportion of older people in services has risen following focused local and national work to improve it, but still needs work)
- Improving the **quality** of services – improving and sustaining the recovery rate – the national standard of 50% was met for the first time in Jan 2017 data, addressing variability, improving the outcomes for people using services in the perinatal period, improving choice of treatments in services
- Improving the **productivity** of services – starting with encouraging appropriate use of **digital** services.
- Supporting the implementation of activity and outcomes based **payment** in IAPT
- Improving the **sustainability** of the IAPT workforce



Maximising Step 2

- **Clinical Improvement**
- **PWP empowerment**
- **Using reports to encourage and drive PWP teams**
- **Tailoring care**
- **Creating SIGs, champions, specialists and senior PWP roles**
- **Listening and implementing the PWP team ideas**
- **Career progression**

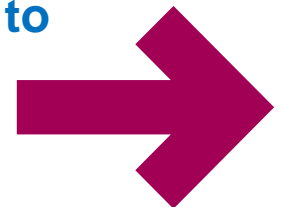


Keeping it going....



Challenges

- Sustaining the workforce and workforce wellbeing – *Wellbeing Project Manager role*
- Commissioning Training from 2018/19 – *inc top up LTC training*
- Ensure local workforce planning includes the number of therapists needed and mechanisms are in place to fund trainees – *making sure that services have appropriate staffing levels*
- From 2018/19, all CCG's to commission IAPT services integrated with physical healthcare and supporting people with physical and mental health problems.
- This should include increasing the numbers of therapists co-located in general practice by 3000 by 2020/21.
- Tracking and monitoring therapists in Primary Care.
- Increasing access target does not mean asking current staff to do more! *Workforce increases in line with increased trajectories.*



BABCP SIG

**PWP
Conference**



Research

Innovation at Step 2

PWP Curriculum Developments

**Workforce
Wellbeing Project
Manager**

