

Psychological Professions Week 2023 Programme

More information on each event can be found on pages 3-10

	Monday 13 Nov	Tuesday 14 Nov	Wednesday 15 Nov	Thursday 16 Nov	Friday 17 Nov	
09:00						
10:00	<p>Next steps for Equality, Diversity, and Inclusion in the Psychological Professions Online, 09:30 - 11:00 National</p> <p>Register here</p>	<p>How can the Psychological Professions best serve the LGBTQIA+ Community? Online, 09:30 - 11:00 South East</p> <p>Register here</p>	<p>Counselling Psychology, showcasing the role with particular focus on the East of England Online, 09:30 - 11:00 East of England</p> <p>Register here.</p>	<p>Psychological Practitioners Communities of Practice - A changing Landscape Online, 09:30 - 11:00 North West and North East & Yorkshire</p> <p>Register here</p>	<p>The Growth of the Psychological Professions and Implications for the Future: Learnings from the South West Online, 09:30 - 11:00 South West</p> <p>Register here</p>	
11:00			<p>Unite, Inspire and Transform: integrating psychologically informed practice into physical health and care In person, 09:30 - 16:00</p> <p>National event hosted by PPN London</p> <p>Register here</p>			
12:00						
13:00						
14:00	<p>Development of an Antiracism Community of practice in North East and Yorkshire Online, 13:30 - 15:00 North East & Yorkshire</p> <p>Register here</p>	<p>The impact of psychological interventions on self-management of diabetes and respiratory conditions. Online, 13:30 - 15:00 East of England</p> <p>Register here</p>	<p>Focus on Workforce: Diversifying our Profile and Retaining our Staff Online, 13:00 - 14:30 London</p> <p>Register here</p>	<p>North East and Yorkshire Psychological Professions Integrated Care System Workforce Leads – A model for development and expansion Online, 13:30 - 15:00 North East & Yorkshire</p> <p>Register here</p>	<p>Psychological Professions and Cancer Alliances: working together to make a difference Online, 13:30 - 15:00 Midlands</p> <p>Register here</p>	<p>Another 100% growth (!) - The implications and opportunities of the NHS Long Term Workforce Plan for a more psychological NHS Online, 13:30 - 15:00 National</p> <p>Register here</p> <p>PP Week 23 Closing Remarks (use the above link)</p>

15:00							
16:00	<p>Associate Psychological Practitioners – Workforce Development in the North West Online, 15:30 - 17:00 North West</p> <p>Join the meeting using this link</p>				<p>Psychological Skills Transfer: an approach to optimise learning implementation Online, 15:30 - 16:30 Midlands</p> <p>Register here</p>		
17:00							

Monday 13 November 2023

Next steps for Equality, Diversity, and Inclusion in the Psychological Professions	
Date / Time	Monday 13th November 09:30 - 11:00
Chair	Dr Adrian Whittington, National Clinical Lead for Psychological Professions, NHS England, Co-Chair, PPN South East
Speakers(s)	Dr Margo Ononaiye, PPN South East Widening Participation Lead, Programme Director, Doctorate in Clinical Psychology at the University of Southampton Dr Sharon Prince, Chair, PPN North East and Yorkshire Experts by Experience
Region	Psychological Professions Network England - National
Overview of Session	Hear about the PPN Position Statement on equity, diversity, and inclusion, and what it means, as well as a new and practical approach to action for change in services and universities.
Register here	

The impact of psychological interventions on self-management of diabetes and respiratory conditions.	
Date / Time	Monday 13th November 13:30 - 15:00
Chair(s)	TBC
Region	Psychological Professions Network East of England
Overview of Session	The East of England event showcases the work of psychological professions in physical health and the impact that psychological interventions can make to those with physical health problems, with a particular focus on diabetes and respiratory conditions.
Register here	

Monday 13 November 2023 (continued)

Development of an Antiracism Community of practice in North East and Yorkshire	
Date / Time	Monday 13th November 13:30 - 15:00
Chair(s)	Sharon Prince, Chair, PPN North East and Yorkshire
Region	Psychological Professions Network North East and Yorkshire
Presenters	Dr. Romana Farooq, Consultant Clinical Psychologist, Dr. Richard Thwaites, Consultant Clinical Psychologist and Yahya Delair, BABCP (British Association for Behavioural and Cognitive Psychotherapies) Accredited Psychological Wellbeing Practitioner.
Overview of Session	This session will describe the principles, approach, reflections, and next steps of an innovative approach to thinking and talking about racism within psychological services.
Register here	

Associate Psychological Practitioners – Workforce Development in the North West	
Date / Time	Monday 13th November 15:30 - 17:00
Chair(s)	Brendan Dunlop, Deputy Clinical Lead - Associate Psychological Practitioners & Gita Bhutani, Co-chair, PPN North West
Region	Psychological Professions Network North West
Overview of Session	The new Associate Psychological Practitioner (APP) role in the North West was developed to meet workforce gaps, particularly in primary care. The role has been developed to increase the opportunities for psychology graduates to enter a career in healthcare; and meet the recognised increasing demand for psychological interventions. APPs are working within primary, secondary and physical health services, and new innovations within the delivery model in primary care include a specific Older Adult screening service and an 'ADHD query' service, to free up GP time and capacity, and ensure that patients get access to the most appropriate service/practitioner at the right time. Learn about the development of the role in this seminar, and during the Q&A panel you will have the opportunity to ask some members of the workforce team (Brendan Dunlop & Gita Bhutani) about how the role has developed, its impact and the opportunities for further development, as well as asking member of the workforce themselves (Chloe Preston – clinical supervisor, Georgia Winder – APP, Will Turner – Trainee APP) how they think this role has been going.
Join the meeting using this link	

Tuesday 14 November 2023

Counselling Psychology, showcasing the role with particular focus on the East of England	
Date / Time	Tuesday 14th November 09:30 - 11:00
Chair(s)	TBC
Region	Psychological Professions Network East of England
Overview of Session	<p>The East of England PPN is pleased to present this event facilitated by our East of England Counselling Psychology Community of Practice colleagues.</p> <p>This event will focus on the role of the Counselling Psychologist, the breadth of contribution being made by this profession across the region, and smooth navigation of routes into the profession, including information about course requirements and placements.</p> <ul style="list-style-type: none"> • Learn more about the Counselling Psychologist role and routes into the profession • What to expect from a training course • What qualities, skills and experience you will need to get a place on the courses • How you will be supported during the course and on placements • Opportunity to ask questions about the role and training • Hear from guest speakers; Counselling Psychologists working in a range of services, Trainee Counselling Psychologists, and representatives from training courses
Register here	

How can the Psychological Professions best serve the LGBTQIA+ Community?	
Date / Time	Tuesday 14th November 09:30 - 11:00
Chair(s)	Dr Bill Tiplady, Co-Chair, PPN South East
Region	Psychological Professions Network South East
Overview of Session	<p>An insightful online session as part of Psychological Professions Week 2023 which features people with lived experience, psychological professional insight and those that train those professionals.</p> <p>We have thought provoking and meaningful experiences from members of the LGBTQIA+ communities discussing their experiences of healthcare both positive and negative.</p> <p>During the session there will also be a recorded interview with Dr Jamie Willo. Dr Jamie Willo is the LGBTQ+ gender identity awareness and inclusion training lead for Sussex Partnership NHS Foundation Trust. They will discuss their journey to developing and facilitating LGBTQ+ and Gender Identity awareness training and their views on how to foster an environment of positive and safe healthcare for people from the LGBTQIA+ communities.</p> <p>Lastly Dr Allàn Laville, Dean for Diversity, and Inclusion at the University of Reading, will, in his session, explore what Psychological Professions can do to support the healthcare of LGBTQIA+ communities. Dr Allàn Laville has been the author of several publications including exploring the importance of awareness and understanding for the LGBT+ communities in clinical practice and exploring LGBT mental health and recommendations in clinical practice. He also won the 2019 Reading Student Union Award for Diverse and Inclusive Teaching Excellence.</p>
Register here	

Tuesday 14 November 2023 (continued)

North East and Yorkshire Psychological Professions Integrated Care System Workforce Leads – A model for development and expansion of the professions	
Date / Time	Tuesday 14th November 13:30 - 15:00
Chair(s)	Sharon Prince, Chair, PPN North East & Yorkshire
Region	Psychological Professions Network North East & Yorkshire
Presenters	Dr Gail Harrison, Consultant Clinical Psychologist – West Yorkshire Integrated Care System Psychological Professions Workforce lead and Dr Rachel Bradley, Consultant Clinical Psychologist – South Yorkshire ICS Psychological Professions Workforce lead
Overview of Session	<p>Following the successful pilot of a part time Consultant Psychological Professions Workforce lead in West Yorkshire Integrated Care System (2021- 2023), NHS England Workforce, Training and Education have funded 5 further part time fixed term Psychological Professions workforce leads in the other North East and Yorkshire Integrated Care Systems.</p> <p>Psychological Professions Workforce leads work collaboratively at a system level with a range of stakeholders with the strategic aim of operationalising the expansion of the range of Psychological Professions whilst ensuring effective governance and professional standards across both Mental and Physical Health settings.</p> <p>The presenters will outline the opportunities and challenges of this tailored regional approach, with suggestions for future developments.</p>
Register here	

Focus on Workforce: Diversifying our Profile and Retaining our Staff	
Date / Time	Tuesday 14th November 13:00 - 14:30
Speaker	Dr Maeve Malley, Consultant Systemic Psychotherapist, Oxleas NHS Foundation Trust
Region	Psychological Professions Network London
Overview of Session	Exploring regional progress in diversifying entry to the psychological profession's workforce, working with Equality, Diversity, and Inclusion concepts in teams, and supporting frontline staff in the NHS.
Register here	

Wednesday 15 November 2023

Unite, Inspire and Transform: integrating psychologically informed practice into physical health and care	
Date / Time	Wednesday 15th November 09:30 - 16:00
Location	Holiday Inn London – Bloomsbury, Coram St, London WC1N 1HT
Host:	Dr Estelle Moore, Chair, PPN London
Keynote speaker	Dr Adrian Whittington, National Clinical Lead for Psychological Professions, NHS England, and Experts by Experience
Region	National event hosted by Psychological Professions Network London
Speakers	The program is still in development and more details about the sessions and speakers will be coming soon.
Overview of Session	<p>The Psychological Professions Network supported by NHS England is pleased to be hosting this Psychological Professions Week 2023 national in-person event.</p> <p>Purpose: To unite senior leadership professionals, policymakers, and experts by experience, inspiring a collective effort to transform physical health and care through integration of psychological practice.</p> <p>The Major Conditions Strategy will provide the strategic platform alongside the recently published PPN discussion paper 'Psychological Practice in Physical Health'. The event will explore how the psychological professions workforce is and can contribute to the development and transformation of physical health services, support specialist pathway integration, and work collaboratively across multiprofessional boundaries in order to better support people as they manage living with major conditions.</p> <p>The programme is being designed around the core themes of 'Unite, Inspire, and Transform', aiming to advance the vision to 'Make all health and care psychological'.</p> <p>We invite: Psychological Professions Network members and wider stakeholders interested and/or involved in influencing strategic change to integrate psychological practice in physical health and care.</p> <p>Delegates will include:</p> <ul style="list-style-type: none"> • Professionals: Psychological professionals with a senior leadership role in psychological practice in physical health, including those in NHS Talking Therapies for anxiety and depression Long Term Conditions, training and education providers, and other health and care professional leaders. • Experts by experience: People with lived experience, including carers, working with the NHS and stakeholder organisations at a strategic level. • Policymakers & Professional Bodies: NHS England policy and Workforce, Training and Education directorate colleagues working across physical health and mental health sectors, Integrated Care Partnership leaders, professional body representatives. Policy makers from other bodies within the English NHS. <p>Places are limited for the event. Please put forward a maximum of one delegate per organisation or programme. A second release of tickets will be opened once initial bookings have been received.</p>
Register here	

Thursday 16 November 2023

Psychological Practitioners Communities of Practice - A changing landscape	
Date / Time	Thursday 16th November 09:30 - 11:00
Chair	Liz Kell, Co-Chair, PPN North West
Speakers	Elspeth Ward, PPN North West, Paul Thompson PPN North East and Yorkshire With showcases from Marie Boardman – Midlands, Lizzie Grey, and Simon Winter – South East, Emma Lockhart, and Zach Glaser – London, Chloe Booth, Scharine Mebarkia and Kirsty McNeilis – North West, Sam Torney and David Rayson – Low Intensity SIG and Ali Bryant – Expert by Experience.
Region	Psychological Professions Network North West and North East & Yorkshire
Overview of Session	The session will showcase current and developing Psychological Practitioners Communities of Practice, from across the regions, and explore the value of collaboration, support, and influence. We will also demonstrate the valuable role Expert by Experience can hold within these developments.
Register here	

Celebrating East of England Clinical Associates in Psychology (CAPs)	
Date / Time	Thursday 16th November 10:00 - 12:30
Region	Psychological Professions Network East of England
Overview of Session	<p>This event, brought to you by our East of England Regional CAP Community of Practice Steering Group, brings together CAPs from across the region in a celebration of the profession and its impact across the East of England.</p> <ul style="list-style-type: none"> • Connect up with fellow CAP colleagues, course leads and supervisors • Hear from CAPs across the region about the breadth of their roles and the difference they are making • Join up virtually with CAPs in the South West in a grand celebration of the CAP family • Hear from Guest Speaker, Ravi Rana, pivotal member of the CAPs Trailblazer group about the national importance of CAPs and the CAP role.
Register here	

Thursday 16 November 2023 (continued)

Clinical Associate in Psychology Celebration Event	
Date / Time	Thursday 16th November 10:00 - 16:00
Region	Psychological Professions Network South West
Overview of Session	The PPN South West Clinical Associate in Psychology (CAP) Community of Practice present this day long hybrid event celebrating the developments, achievements, and future opportunities of CAPs in the region and beyond.
Register here	

Psychological Professions and Cancer Alliances: working together to make a difference	
Date / Time	Thursday 16th November 13.30 - 15:00
Speakers	Jo Levene, Consultant Clinical Psychologist, Clinical Lead East Midlands Cancer Alliance, Sahil Suleman Consultant Clinical Psychologist, University Hospitals Birmingham NHS Foundation Trust, James Parker, Consultant Clinical Psychologist, Clinical Lead West Midlands Cancer Alliance, with guest Expert by Experience
Region	Psychological Professions Network Midlands
Overview of Session	This presentation will explore the national drivers and local implementation across the Midlands, including the patient's voice. It is a story of collaboration and co-ordination in order to serve our local populations.
Register here	

Psychological Skills Transfer: an approach to optimise learning implementation	
Date / Time	Thursday 16th November 15:30 - 16:30
Speakers	Dr Sunny Kalsy-Lillico, James Varty and Paul Edwards
Region	Psychological Professions Network Midlands
Overview of Session	This presentation will share a newly developed resource to support psychological skills transfer and implementation of new learning. This resource has been co-designed by experts by experience and experts by qualification, to optimise the implementation of new learning programmes e.g., Psychological Therapies for Severe Mental Health Problems, within services, to support quality outcomes for all.
Register here	

Friday 17th November 2023

The Growth of the Psychological Professions and Implications for the Future: Learning from the South West	
Date / Time	Friday 17 th November 09:30 - 11:00
Chair(s)	Helen Leigh-Phippard, Expert by Experience and Professor Catherine Gallop, Co-chair, PPN South West
Region	Psychological Professions Network South West
Overview of Session	There has been rapid growth in the number of Psychological Professionals working in the NHS over the last few years and with the Long Term Workforce Plan, this is expected to continue. As part of the Psychological Professions National Conference week this session will celebrate the impact of this growth as well as highlight some of the key challenges that such rapid expansion presents, including implementation of new roles, supervision, and leadership. We hear about innovations in the South West that are aiming to address these challenges and about the implications for the future work of Psychological Professions.
Register here	

Another 100% growth (!) - The implications and opportunities of the NHS Long Term Workforce Plan for a more psychological NHS	
Date / Time	Friday 17 th November 13.30 - 15.00
Speakers	Dr Adrian Whittington, National Clinical Lead for Psychological Professions, NHS England, Co-Chair, PPN South East, Debi Reilly, National Senior Responsible Officer – Mental Health (Workforce, Training & Education), NHS England Experts by Experience
Region	Psychological Professions Network England - National
Overview of Session	Consider what the NHS Long Term Workforce Plan means for the psychological professions, for psychological healthcare, and for the public. Including PPWeek23 Closing Remarks: 14:50 – 15:00 <ul style="list-style-type: none"> • Dr Adrian Whittington, National Clinical Lead for Psychological Professions, NHS England, Co-chair, PPN South East • Dr Phil Self, Co-chair, PPN South West
Register here	