



PROMOTING EXCELLENCE IN
PSYCHOLOGICAL HEALTH & WELL-BEING

**North West
Psychological Professions Network
2nd Annual Conference**

Clare Baguley

Programme Manager

Psychological Professions Network

Health Education North West

**North West
Psychological Professions Network
A Year of Promoting Excellence in
Health & Psychological Wellbeing**

**Dr Gita Bhutani
Chair**

Psychological Professions Network

‘Unload’

A story of Military Veterans’ Journey Through Therapy

Dr Alan Barrett

Principal Clinical Psychologist

Clinical Lead, Military Veterans’ IAPT Services
(North West)

&

Peter Carruthers

RAF Veteran, Freelance actor, Writer and Filmmaker

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A circular icon composed of several stylized human figures in shades of purple, arranged in a circle around a central white circle, representing a network or community.

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Psychological Contributions to the Public's Mental Health and Wellbeing – an Overview

Gregor Henderson

National Lead

Wellbeing and Mental Health

Public Health England

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