## NORTH WEST SENIOR PWP CONSULTATION EVENT

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#### **BIT OF A RECAP...**

- 2004 1<sup>st</sup> cohort of Primary Care Graduate Mental Health Workers
- 2008 IAPT programme launch incl. PWP role
- IAPT programme has successfully helped to improve access to Psychological Therapies for those experiencing depression and anxiety
- 2012 IAPT 3 year report: over 1 million people accessed IAPT services, recovery rate 45% - REAL difference to people's lives

#### DR ALI PARRISH'S EXPERIENCE

#### GP at Selsey Medical Practice, Selsey

- "The IAPT service in my locality has been a huge success. Its value has been widely felt by patients and GPs alike
- I hear GP colleagues saying that it's the single most positive change to their medical practice in the last 20 years and I echo this
- Our local service reaches out to the community and is always looking at ways to improve. It is continuously developing new evidence based interventions for people with anxiety and depression delivering 1:1 and in groups in a flexible way that means patients have real choice. they have filled a huge gap in need and are a force for good"

### **PWPS IN IAPT**

- PWPs make a significant contribution to IAPT service delivery
- PWPs recognised as a significant ('the most significant'?!) part of an IAPT workforce
- Belief in step 2 workforce intelligent and passionate workforce who CAN and DO make significant contribution to IAPT services

#### **PWPS IN THE FUTURE**

Need to celebrate the PWP workforce & positive contribution it makes to drive the role forward and support each other in the challenging times ahead
 As senior PWPs can we join together to

develop a voice for the step 2 workforce?

#### **PWP CHALLENGES**

- Challenges in reality of IAPT services
- Can feel like things are done 'to us' decisions made without true understanding of the role
- How can this group help to empower the step 2 workforce to have a voice and involvement in decisions which directly affect us at all levels

#### THE CHALLENGE: DEVELOPMENT

How do you progress and develop AS a PWP?

What CPD do PWPs need AS PWPs (e.g. recent PIT training?)

How do we demonstrate the importance of PWPs being enabled to attend appropriate CPD/training/events

#### THE CHALLENGE: NEW ROLE

Accreditation / Professional registration:
what would we need from it?
Would it help? How?

IAPT 'services' are now becoming accredited – does this make a difference/change the need?

# THE CHALLENGE: RECRUITMENT & RETENTION

- Might be a service challenge rather than personal – but affects us all, and we're best placed to come up with the answer as PWPs!
- Trainee positions 100's of excellent applicants v's Qualified positions – hard to recruit to and often results in using agency staff

#### THE CHALLENGE: SIZE OF WORKFORCE

- Relatively small numbers as still a new workforce group
- What would happen if the training year was more like nurse training – bursary with approved 'placements' and only apply for jobs once qualified?
- More people trained as PWP's possibly more innovation in use of role and skills?