

Useful contacts aged over 18 years of age Following Bereavement

Salford Palliative Care Bereavement Counselling Service

Tel: 0844 4779 400

Bereavement Team Salford Royal Hospital NHS Foundation Trust

Tel: 0161 206 -5174

Immediate support and ongoing as required – work alongside other support agencies i.e. Age UK, coroners, GPs and mental health services as requested and appropriate.

Bereavement Specialist Nurse Lead: Melanie.mcdougall@srft.nhs.uk

Children Bereavement Trainer: Angela.McDonald2@srft.nhs.uk

Cruse Bereavement Loss and Counselling

Tel: 0808 808 1677

Email: helpline@cruse.org.uk

The Cruse Bereavement Care Free phone National Helpline is staffed by trained bereavement volunteers, who offer emotional support to anyone affected by bereavement. Our volunteers are here to help you talk things through. They can also help you find your local Cruse service, or signpost you to other services and useful sources of information. The helpline is open Monday-Friday 9.30-5pm (excluding bank holidays), with extended hours on Tuesday, Wednesday and Thursday evenings, when we're open until 8pm.

Care Concern Bereavement Loss & Counselling

Tel: 0161796 0807

Email: care.concern@hotmail.co.uk

Bereavement and loss counselling services offered to all communities in the Greater Manchester area.

Compassionate Friends

National UK Helpline: 0845 123 2304 (10:00am - 4:00pm and 7:00pm – 10:00pm every day)

Website: www.tcf.org.uk

Support to bereaved families who have suffered the death of a child whatever age

Dying Matters

Free Tel: 0800 021 44 66

Website: www.dyingmatters.org

Has a series of information that aims to change public attitudes and behaviours around dying, death and bereavement.

Jewish Bereavement Counselling Service

Tel: 0208 951 3881

Website: www.jbcs.org.uk

Lesbian, Gay, Bisexual and Trans (LGBT) Helpline

Tel: 0207 837 3337 (Monday, Tuesday, Wednesday & Friday, 7:30pm – 9:30pm)

General help line which will also deal with bereavement issues for LGBT people.

Mummies Star

Website: www.mummiesstar.org

Men who have experienced bereavement loss of wives – telephone and e mail support.

Survivors of Bereavement by Suicide

National Helpline: 0844 561 6855 (9:00am – 9:00pm every day)

Website: www.uk-sobs.org.uk

The WAY Foundation

Tel: 0300 012 4929

Web: www.wayfoundation.org.uk

Support for young widowed men and women (50 years old or younger when partner died).

St Ann's Hospice

Heald Green Centre Tel: 0161 437 8136

Little Hulton Centre Tel: 0161 702 8181

Neil Cliffe Centre Tel: 0161 291 2912

Website: www.sah.org.uk

Bereavement support or counselling for bereaved people who are already known to the hospice.

The Samaritans 24 hour Helpline

Manchester and Salford Tel: 0161 236 8000

Stockport Tel: 0161 480 2222

Beechwood Cancer Care Centre

Tel: 0161 476 0384

Web: www.beechwoodcancercare.org.uk

Supporting adults, children and young people where there is serious illness or bereavement in the family.

The Gaddum Centre

Tel: 0161 834 6069

Website: www.gaddumcentre.co.uk

Children and families' bereavement service (Manchester and Salford).

Complete Adult Referral Form then email to polly@gaddum.co.uk. Alternatively you can make a referral to our adult service over the phone by calling the number below:

Gaddum House, 6 Great Jackson Street, Manchester, M15 4AX

Tel: 0161 834 6069

42nd Street

Helpline: 0161 832 0170 (Monday, Thursday and Friday, 12:30pm – 4:30pm)

Web: www.42ndstreet.org.uk

Support service for young people aged 13-25 under stress (Manchester, Salford and Trafford).