Perinatal Mental Health (Mother Infant & family)

Level 7 Single Module



*NHS Funding available Part-time study available International Students can apply*

**Start Dates**

September and February

**Duration**

One Semester

**This masters level module delivered by experts in the field will develop your expertise in perinatal mental health in relation to pregnant and new mothers, their infants and family in line with DH recommendations.**

Course Summary

This course aims to develop knowledge and skills in relation to perinatal mental health (PIMH) problems, offering appropriate care and support for pregnant women, mothers, infants and their families.

It will also help develop critical understanding of the evidence base related to the appropriate management and treatment of mild-moderate and severe PIMH problems, in the mother and the promotion of infant wellbeing.

Course Details

This masters level module will enable you to develop expertise in perinatal mental health in relation to pregnant and new mothers, their infants and family. The module runs over one semester. You would be required to attend for one week block and then 3 single study days which will deliver the taught components. The other weeks will be in practice developing clinical skills.

Taught sessions will include theory and practice where discussion is encouraged. We will use clinical scenarios throughout the module to explore the identification, assessment and management of perinatal mental health illness including care and support for the infant and wider family .It is anticipated that students will contribute to the taught sessions as we feel that sharing good practice is an important component of this module.

On successful completion you will be able to demonstrate:

* Advanced knowledge and skills in relation to PIMH, identifying, assessing and supporting pregnant and new mothers, their infants and families.
* Critical awareness of the potential impact of psychological/emotional changes during pregnancy, childbirth and the postnatal period on the mother, infant partner and family
* In depth understanding of safeguarding, legal and policy issues related to PIMH, including engagement in collaborative working within the multidisciplinary and agency team
* Critical analysis of the evidence relating to the complex factors that may increase the risk of PIMH problems
* Critical evaluation of the assessment, referral pathways and treatment options for PIMH issues.

Entry Requirements

Applicants must have a first degree of 2.1 or above

Accreditation for Prior Experiential Learning (APEL)

We welcome applications from students who may not have formal/traditional entry criteria but who have relevant experience or the ability to pursue the course successfully. The Accreditation of Prior Learning (APL) process could help you to make your work and life experience count. The APL process can be used for entry onto courses or to give you exemptions from parts of your course. Two forms of APL may be used for entry: the Accreditation of Prior Certificated Learning (APCL) or the Accreditation of Prior Experiential Learning (APEL).

English Language Requirements

International applicants will be required to show a proficiency in English. An IELTS score of 6.5 (no element below 5.5) is proof of this.

Suitable For

Midwives, Health Visitors, Neonatal Nurses, Mental Health Nurses & other Health Care Professionals working with women & families.

Teaching

* Lectures - You will be required to undertake learning prior to commencement of the module via a learning package, formative assessment will be conducted within lecture based sessions via quizzes, Q & A and game activity
* Seminars - You will have formative assessment of communication, team working and understanding via discussion group and scenario based activity
* Tutorials - You will be provided with formative feedback on written work and will be given the opportunity of a practice viva and provided with feedback from this formative assessment. Tutorials will be provided either face to face or by email or Skype
* Directed study – You will be directed to appropriate on-line resources developing their IT skills
* Case studies - Use of case studies within the teaching and group activity will facilitate effective learning and simulated multidisciplinary working, developing communication and problem solving skills.

Assessment

The assessment for Perinatal Health module consists of an oral exam clinical scenario presentation and a 3000 word case study essay.

Both parts must be passed.

Pass mark 50% for oral exam clinical scenario  
Pass mark 50 % for case study essay

Postgraduate Staff Profile

* Internationally renowned Consultant Perinatal Psychiatrists: Dr Angelina Wieck & Dr R. Stewart (University Hospital South Manchester)
* Psychologists: Dr R. O’Shaunessey, Dr A. Engel- specialists in Perinatal mental health & parent infant attachment
* Manager & staff of Anderson Ward, Mother & Baby Unit: Carla Mobear (Mental Health South Manchester)
* Association of Greater Manchester Early Years Team- including: Health Visitors/psychologists specialising in parent infant  attachment - Katherine Pearce & Maureen Lancaster
* Perinatal Mental Health Specialist HV & Midwives: Marjorie Finigan & Debbie Forest
* **Lecturers with clinical experience in perinatal mental health:**Midwifery (Jeanne Lythgoe) & Mental Health (Lisa Bluff)

Employability

This module would help to develop or enhance your knowledge and skills related to caring for pregnant women, new mothers their infants and families with Perinatal Mental Health problems. This module would be especially beneficial for those already working in specialist perinatal mental health roles or those aspiring to work in such roles.

Fees and Funding

Funding is available under agreement with Health Education North West (HENW) - CPD Apply.

For more information contact: Pat Killeen: 0161 295 2374 [p.a.killeen@salford.ac.uk](mailto:p.a.killeen@salford.ac.uk) or Jeanne Lythgoe [j.lythgoe@salford.ac.uk](mailto:j.lythgoe@salford.ac.uk)

*"The perinatal mental module has enabled me to explore all areas of women's mental health at a much deeper lever than ever before which has greatly increased my confidence as a practitioner."*

**Audrey Parrot, Health Visitor (Bolton Foundation Trust) Masters Student**