

Discussion Guide: Experts by Experience

Experts by Experience (EbE) enhance the learning and practice of health professionals and in delivering better outcomes for those who use services.

Step 1: Watch

Watch the Psychological Professions Network [Experts by Experience animation](#) and discuss in your teams how you can embed Experts by Experience into your practice.

Step 2: Discuss

In a small group, use the guiding questions to discuss how you can embed Experts by Experience in your every day practice.

- **How do you involve EbEs**, enable their involvement and promote inclusion? Who is involved? Why? When? What are the barriers?
- **Do you have a statement of principles & values** for EbE involvement? What is it? And has it been co-produced?
- **What processes are in place** to value EbE involvement through feedback and reimbursement?
- **What does good EbE involvement** look like?

Step 3: Pledge and Share

My EbE pledge

“I will involve Experts by Experience by....”

Share your ideas on social media using:

#CoproductOurNHS

#ExpertsByExperience

#EbEPledge

Or send your ideas to the PPN at ppn.north@hee.nhs.uk



Scan to view animation



ALISON



JOE



HILARY



CLARE