

Speakers Biographies



Jacqueline Dyer

Expert by Experience and Vice-Chair of the Mental Health Taskforce, NHS England

@jahkey2u

Jacqui Dyer was educated at London universities, where she completed post graduate research in decision-making within children's social care services.

Currently an independent health and social care consultant with a background in adult mental health commissioning as well as community and family social work. Jacqui has worked with a wide range of vulnerable care groups and has a strong passion in grass roots community empowerment.

As an experienced counsellor, trainer, personal and professional development coach and group facilitator, Jacqui brings many dimensions to her insights. As a mental service user and carer for the past few decades Jacqui's experiential knowledge of mental health services is extensive and her commitment to this agenda is personal.

Currently she is a senior management board lived experience advisor for the 'Time To Change' anti-stigma and discrimination campaign. Additionally Jacqui is an appointed member of the Ministerial Advisory Group for Mental Health chaired by the Minister for Care and Support, which oversees the implementation of the national mental health strategy and a member of the Ministerial Advisory Group for Equalities in Mental Health.

Recently Jacqui was vice chair of England's mental health Taskforce, is currently the Mental Health Equalities advisor for NHS England and co-chairs the steering group for the emerging 'Thrive London' Mayoral Mental Health Road Map. Jacqui is also an elected Lambeth Labour Councillor where she is also vice chair of Overview and Scrutiny Committee with responsibility for 'People' and is the chair of Lambeth's Black Wellbeing Partnership.

Dr Jo Potier

**Clinical Lead & Consultant Clinical Psychologist, Liverpool Fresh CAMHS
Alder Hey Children's NHS Foundation Trust**



Dr Jo Potier has worked in the NHS for over 15 years in a range of Child and Adolescent Mental Health Services and has expertise in the development of innovative services for vulnerable young people who are marginalised and hard-to-reach (e.g. children in the Youth Justice System, 16-18 year olds).

She has presented widely on the subject of children's mental health and on developing systems and supporting teams to provide compassionate care for children and young people in distress. Outside of the NHS, she has worked at a national level in developing systems of psychological support for police staff who work with vulnerable people.



Duncan Craig

Chief Executive Officer, Survivors Manchester

@SurvivorsMcr #BreakTheSilence

Duncan is the founder Chief Executive Officer of Survivors Manchester, a Greater Manchester based charity offering therapeutic based support to boys and men directly affected by sexual abuse, rape and sexual exploitation.

As a qualified accredited psychotherapist, Duncan's personal and professional experience of sexual violation has presented him with the opportunity to be involved in a number of national inquiries, projects and forums, including Baroness Stern's Independent Review into Rape; the National Rape Working Group; and the Office of the Children's Commissioner on the Child Sexual Exploitation in Groups and Gangs

Duncan has also consulted on a number of projects, including work with male sex workers; and provided input into various media outlets including BBC Crimewatch, C5 The Wright Stuff, and C4 Hollyoaks – where he was storyline consultant on the John Paul rape story.



Dr Rachel Domone

Consultant Clinical Neuropsychologist & Professional Lead for Psychology Lancashire Care NHS Foundation Trust

Dr Rachel Domone is a Consultant Clinical Neuropsychologist and Professional Lead for Psychology for a range of services within the Adult Community Network of Lancashire Care NHS Foundation Trust.

She is also the Service Lead for Neuropsychology. Her clinical experience is largely within older adult services and she has a particular passion for working in early stage dementia, hence many years spent working in memory assessment services. Staff well-being is another interest, reflected in Rachel's work as a clinical lead and facilitator for Schwartz Rounds within the Trust.

Alongside her clinical work, Rachel is involved in national and international research projects, including studies on cognitive impairment in prisons, concurrent sensory and cognitive impairment in older people, and dementia in South Asian populations.

Juliette Swift

Programme Manager, Workforce Transformation Health Education England working across the North West



Juliette Swift is a Programme Manager, Workforce Transformation, in the North West office of Health Education England. Her role includes managing large scale workforce transformation programmes, aimed at understanding the workforce requirement, upskilling existing staff and developing new roles and new ways of working. Juliette has a lead role in development of the In-Hospital workforce and workforce culture change.

As a Registered Nurse in the NHS for thirty years, Juliette has experience in Emergency Care as a Senior Sister, Lecturer/ Practitioner and Workforce Development Manager. She is passionate about organizational development, creating a workforce responsive to changes in care and improving patients' experience.

Juliette has recently completed a Post Graduate Certificate in the Psychology of Organisational Change and Development with the CIPD.



Philip Gooden

Service Manager, Lancashire Care NHS Foundation Trust & Chair of the North West IAPT Leadership & Innovation Forum

@philgooden #Mindsmatter

After a stint in London as an English teacher, Phil joined the NHS in 2006 as a Graduate Primary Care Mental Health Worker (PCMHW), progressing to become Senior Graduate PCMHW in 2008.

Phil completed Cognitive Behavioural Therapy training in 2010 and gained full BABCP accreditation in 2012. After 4 years as a CBT therapist serving Blackburn with Darwen he became Team Manager before moving on to be Lead Psychological Wellbeing Practitioner.

Phil's role since 2014 has been as Service Manager for Lancashire Care NHS Foundation Trust's talking therapy service, Mindsmatter. He is especially interested in promoting access, reducing stigma and making wellbeing an everyday part of all our lives.

Phil is Chair of the North West IAPT Leadership and Innovation Forum, has presented at a number of regional events and recently blogged for social change activists In Hope of People (iho-people.com/whats-your-story).

Sarah Swindley

CEO of Lancashire Women's Centres & Programme Lead IAPT for Long Term Conditions, NHS Blackburn with Darwen CCG



Sarah leads Lancashire Women's Centres, a network of 12 'one stop shop' services for women with a range of services on offer. She was formerly the Women's Mental Health Strategy Lead for the NHS East Lancashire, and was a founder board member of the Families Health and Wellbeing Consortium, working to connect voluntary sector health and social care services within communities.

She has previously been Chair of Women's Breakout – the national infrastructure body for women's centres. She currently sits on the RR3 Third Sector ministerial advisory board for criminal justice.

In 2013, Lancashire Women's Centres were the overall winner of the GSK Impact awards delivered in partnership with the Kings Fund. Sarah remains involved with the Fund as a consultant to develop leadership voices from within the Third Sector. Sarah has particular expertise in IAPT and Mental Health, Criminal Justice, supply chain management and integration.

Sarah recently blogged for the Kings Fund on the evolving role of the Third Sector in the Health and Social Care economy (www.kingsfund.org.uk/blog/2015/06/it-time-look-third-sector-afresh).



Liz Kell

Senior Lecturer in Psychological Interventions, University of Central Lancashire & Chair of the PWP Professional Network

Liz Kell is a Senior Lecturer in Psychological Interventions at the University of Central Lancashire and is course lead for their PWP training programme. Liz was in the first cohort of Primary Care Graduate Mental Health Workers in 2004 and has worked as a step 2 practitioner for over 12 years, including in supervisory and management roles, and was most recently the Clinical Service Manager of a standalone Step 2 service in Bolton.

Liz has continued to champion the role of step 2 and the Psychological Wellbeing Practitioner, and is the current chair of the North West PWP Professional Network, and is a member of the Psychological Professions Network Workforce Board, representing the PWP workforce.

She is working with colleagues across the North of England to establish a Northern PWP network and is currently leading a pathfinder site for the BPS and New Savoy Staff Wellbeing Charter Learning Collaborative.

Lynn King

Trust Wide Strategic Recovery & Allied Health Professions Lead, Mersey Care NHS Foundation Trust



Since qualifying as an Occupational Therapist in 1990 Lynn has worked in a variety of mental health settings including dementia care and has managed and led AHP and Community Services.

She is currently employed by Mersey Care NHS Foundation Trust as their Trust Wide Strategic Recovery & Allied Health Professions Lead and works as a Senior Consultant for ImROC (Implementing Recovery through Organisational Change).

She is passionate about galvanizing the system to support and empower people on their Recovery journey and has significant experience of using the ImROC improvement methodology to support organisational changes in practice, such as:

- Empowering change through authentic co-production
- Assuring routes to employment via 'Individual Placement & Support'
- Supporting a focus on recovery at the heart of the team and reducing restrictive practice through Implementation of 'No Force First'
- Empowering self management, peer support and change through recovery education
- Developing and supporting the workforce



Iris Benson

HSJ Leader, ImROC Consultant & Expert by Experience

Iris is a Service User Carer Rep, Expert by Experience, Lead on No Force First and Service User Lead on Values Based Recruitment and a Peer worker, for Mersey Care NHS Foundation Trust in Liverpool. She is passionate about Co-production, Co-delivery and Recovery.

Iris has been accessing services for over 25 years, with both good and bad experiences, even though most days she can be very symptomatic, with distressing voices, hallucinations, she lives a meaningful fulfilling life, despite her mental and physical health.

Iris is passionate about using her lived experience of being restrained, and many inpatient stays over a long period of time to help inform the transformation of services to further support peoples recovery. She believes that everyone has a gift, and that service users (people) should be enabled and fully supported to be able to use their many talents, to harness all the strengths they have to help others, and give Hope and Opportunity to all for a very different future.

Iris is involved in a wide range of things within Mersey Care NHS Foundation Trust, working alongside staff and others who have supported and helped her on what has been a long, difficult and sad journey at times.

She remains in services and feels that without all the support from her family, friends and many staff that she wouldn't be alive today.



Dr Gita Bhutani

Chair of the Psychological Professions Network, Associate Director for Psychological Professions, Lancashire Care NHS Foundation Trust & Honorary Research Fellow, University of Liverpool

Gita is a clinical psychologist and has specialised in working with older people and adults in Glasgow, Salford and now Lancashire. Gita's current role is as Associate Director for Psychological Professions at Lancashire Care NHS Foundation Trust. This post combines a governance and leadership role with service management.

Gita's current clinical work is within the Lancashire Traumatic Stress Service.

Her current clinical and research interests are in post-traumatic stress and staff health and wellbeing. Gita has developed and delivers a well-being training package for staff – Looking After You, Looking After Me (LAMLAY) and has presented at conferences in this area.

She also contributes to national and professional bodies including committee work and roles at NICE, BPS Division of Clinical Psychology and is joint national Staff Wellbeing lead for Positive Practice in Mental Health. She is also joint lead on a regional Schwartz Rounds project aimed at extending Schwartz Rounds across the North West.

Clare Baguley

Programme Manager for Psychological Professions Network & HEE IAPT Clinical Advisor



Clare Baguley is the Programme Manager for the Psychological Professions Network employed by Health Education England's North West Team. She trained as a Cognitive Behaviour Therapist at the Oxford Centre for Cognitive Therapy in 1998, having previously worked as a community psychiatric nurse in Tameside, Greater Manchester.

In 2004 she joined The University of Manchester and led the post-graduate education programme for Psychological Wellbeing Practitioners under the Department of Health's Improving Access to Psychological Therapies (IAPT) programme, which latterly developed to incorporate pathways in dementia care and psycho-social interventions for psychosis.

Subsequently Clare became the IAPT North West Education Programme Lead with responsibility for managing and developing the interface between universities in the NW region of England and their clinical practice partners. She contributes regionally, nationally and internationally to training and conferences on primary care mental health with a particular interest in the use of psychological approaches in physical health care settings.



Julia Boot

Project Manager for the North West Psychological Professions Network & Clinical Psychologist, Cheshire and Wirral Partnership NHS Foundation Trust

Julia is currently on secondment as Project Manager with the North West Psychological Professions Network and also she works as a clinical psychologist with older people, in Cheshire and Wirral Partnership NHS Foundation Trust. She has been co-facilitating the IAPT Older People's Champions Network in the North West for the last 2.5 years, which holds two events per year to support IAPT clinicians developing skills for working with older people and improving the access for these clients in their IAPT services.

She represents the IAPT Older People's Champions Network on the Workforce Board of the PPN North West. She has previously been involved at a regional and national level with the Faculty of the Psychology of Older People (FPOP), of the British Psychological Society, to organise CPD and training events and led on a national programme to improve the access of older people to IAPT services.