

Acronyms

Acronym	Stands for ...	Notes
ACO	Accountable Care Organisation	
ACP	Association of Child Psychotherapists	Professional body representing CAPTs
ACP	Advanced Clinical Practice/practitioners	Clinical practitioners competency standard
ACP-UK	Association of Clinical Psychologists	Professional body representing clinical psychologists
ACS	Accountable Care System	
AfC	Agenda for Change	The national pay structure for NHS workers
AFT	Association for Family Therapy and Systemic Practice	Professional body representing Family and Systemic Psychotherapists
AGM	Annual Governance Meeting	
AHP	Allied Health Professionals	
ALB	Arms Length Body	Organisations that operate with some independence from the Government e.g. NHS England
ANP	Advanced Nurse Practitioner	
APP	Associate Psychological Practitioner	A new role being developed in the North West, PG Diploma level and working to support clinical psychologists in specific service areas
AR	Annual Report	
BABCP	British Association for Behavioural and Cognitive Psychotherapy	Professional body representing CBT Therapists
BACP	British Association of Counselling and Psychotherapy	Professional body representing counsellors and psychotherapists
BAMBA	British Association of Mindfulness-based Approaches	
BAME	Black and Minority Ethnic	
BAF	Board Assurance Framework	
BAU	Business as Usual	
BNSSG	Bristol, North Somerset and South Gloucestershire	ICS/ CCG
BMA	British Medical Association	
BME	Black and Minority Ethnic	
BPC	British Psychoanalytic Council	Professional body representing psychoanalytic psychotherapists
BPF	British Psychological Foundation	Accreditation body
BPS	British Psychological Society	Professional body representing psychologists
CAMHS	Child and Adolescent Mental Health Services	
CAP	Clinical Associates in Psychology/ Clinical Associate Practitioners	A new employer-led role of Masters level qualification who work to support Clinical Psychologists in specific settings
CAPT / CAPPT	Child and Adolescent Psychotherapist / Child and	

	Adolescent Psychoanalytic Psychotherapist	
CAT	Cognitive Analytic Therapy	Type of therapy
CBT	Cognitive Behavioural Therapy	A type of talking therapy
CCG	Clinical Commissioning Group	
CfD	Counselling for Depression	
CFT	Cornwall Partnership Foundation Trust	
CMHT	Community Mental Health Team	
CoG	Council of Governors	
CoP	Community of Practice	
CPPO	Chief Psychological Professions Officer	The most senior person in each NHS Trust with responsibility for the psychological professions
CQC	Care Quality Commission	
CTfD	Couple Therapy for Depression	One of the 'modality' therapies offered in IAPT
CQC	Care Quality Commission	
CQUIN	Commissioning for Quality and Innovation	
CWP	Children and Young People's Wellbeing Practitioner	A role developed in the last few years working with children and young people
CYP	Children and Young People	
DBT	Dialectical Behaviour Therapy	Type of therapy
DClin	Doctorate in Clinical Psychology	
DCP	Division Clinical Psychology	Within BPS
DH/DoH	Department of Health	
DHSC	Department of Health and Social Care	
DIT	Brief Dynamic Interpersonal Therapy	One of the 'modality' therapies delivered in IAPT services
DPA	Data Protection Act	
EAG	Expert Advisory Group	
EBE	Expert by Experience	
E&D	Equality and Diversity	
EDI	Equality, Diversity and Inclusion	
EIP	Early Intervention in Psychosis	A specific service for people who experience psychosis
EMDR	Eye Movement Desensitisation and Reprocessing	Type of trauma therapy
EMHP	Education Mental Health Practitioner	A new psychological profession working in education settings
Eoi	Expressions of Interest	
ESR	Electronic Staff Records	The NHS IT system for staffing and pay
FOI	Freedom of Information	
FT	Foundation Trust	
GMC	General Medical Council	
GRA	Graduate Research Assistant	
GTiCP	Group of Trainers in Clinical Psychology	
HCA	Health Care Assistant	

HCPC	Health and Care Professions Council	
HEE	Health Education England	The Arms Length Body responsible for educational and training of NHS staff
HEI	Higher Education Institute	
HITs	High Intensity Trainees	
HWB	Health and Wellbeing Board	
IAPT	Improving Access to Psychological Therapies	Psychological services for people with common mental health problems e.g. anxiety and depression
ICM	Integrated Case Management	
ICS	Integrated Care System	Regional NHS structures
ICP	Integrated Care Pathway	
IFT	Institute of Family Therapy	
IG	Information Governance	
IGT/IGTK	Information Governance Toolkit	
IM&T	Information Management and Technology	
IPR	Individual Performance Review	
IPT	Interpersonal Psychotherapy for Depression	One of the 'modality' therapies delivered in IAPT
JAG	Joint Advisory Group	
KPI	Key Performance Indicator	
LA	Local Authority	
LD	Learning Disability	
LEAP	Lived Experience Advisory Panel	A group of EBEs that Laura Lea leads
LITs	Low intensity trainees	IAPT workforce group
LTC	Long Term Conditions	Refers to the development in IAPT whereby services are working with people with long term physical conditions
LTP	Long Term Plan	Government's 10 year plan for the NHS
MBCT	Mindfulness Based Cognitive Therapy	Type of mindfulness therapy
MBT	Mentalisation Based Therapy	Type of therapy
MCAP	Multi-professional approved clinician	New role
MDT	Multi-Disciplinary Team	
MH	Mental Health	
MHPS	Maintaining High Professional Standards	
MHT	Mental Health Trusts	
MHST	Mental Health Support Teams	The teams being rolled out nationally that are staffed by EMHPs working in schools
MHWP	Mental Health and Wellbeing Practitioner	A new role currently in development to work in Adult Community services with people with severe mental health problems
MUS	Medically Unexplained Symptoms	
NCASP	National Clinical Audit Support Programme	

NED	Non-Executive Director	
NHSE/I	NHS England and Improvement	Organisation that leads the NHS
NICE	National Institute for Health and Care Excellence	Independent body that decides on what treatment should be offered on the NHS
NPP	National Psychological Professions	Refers to our work and team
NPPWG	National Psychological Professions Workforce Group	
PCE-CfD	Person-centred experiential - Counselling for Depression	One of the 'modalities' offered in IAPT services (also known as Counselling for Depression)
PHE	Public Health England	
PHEAG	Physical Health Expert Advisory Group	One of the projects of the Workforce Group on psychological practice in physical healthcare
PID	Project Initiation Document	
PMO	Programme Management Office	
PP	Psychological Profession/ Psychological Professions	
PPI	Patient and Public Involvement	
PPIA	Psychological Professions Into Action	A project undertaken by the PPN in the South East that has informed the development of the national vision
PMHW	Primary Mental Health Worker	
PPN	Psychological Professions Network	See https://www.ppn.nhs.uk/
PROMPT	Psychological Research On Meaningful and Purposeful Training	
PT	Psychological Therapies	
PT-SMHP	Psychological Therapies for people with Severe Mental Health Problems	
PWP	Psychological Wellbeing Practitioner	An IAPT role
QA	Quality Assurance	
QIP	Quality Improvement Plan	
QIPP	Quality, Innovation, Productivity and Prevention	
RAF	Risk Assurance Framework	
SAP	Senior Assistant Psychologist	Common role within PPN teams
SCM	Structured Clinical Management	Qualification- proposed CoP along with MBT
SFH	Skills for Health	HEE funded to oversee apprenticeship standards- eg CAPs training
SLA	Service Level Agreement	
SMHP / SMI	Severe Mental Health Problems / Severe Mental Illness	
SR	Spending Review	
SRM	Systems Relationships Managers	Based in ICS's to support transformation??
STP	Sustainability and Transformation Partnerships	
SWL	System Workforce Lead	

SU	Service User	
TNA	Training Needs Analysis	
ToR	Terms of Reference	
UKCP	UK Council for Psychotherapy	Professional body representing psychotherapists (and umbrella organisation for other professional bodies including BPC and AFT)
VP	Viability Plan	Finance report from PPN to HEE
WDES	Workforce Disability Equality Standard	
WHO	World Health Organisation	
WRES	Workforce Race Equality Standard	
WTE	Whole Time Equivalent	Used with workforce data to mean the equivalent if someone was working full time