



JULY 2022 LONDON PPN BOOSTER NEWSLETTER

Reflection Network – Working with Muslim CAMHS Group

Reflection Network is a UK charity aimed to improve access to mental health services for Muslim children and young people. The 'Working with Muslims CAMHS group' has recently been launched, aimed for CAMHS practitioners thinking to further their work with Muslim heritage children and families. The group currently runs a monthly bulletin, sharing recent updates and free resources. The London PPN is delighted to support the Reflection Network and its mission to share mental health resources across the capital and beyond.



If you are interested, please follow [Contact | Reflection Network](#) to provide your details.

Low Intensity CBT: Faces and Facets of Practice

20th July 2022 - Imperial College, London and online

BABCP are running a special event for all professionals who deliver Low Intensity psychological interventions. The day will bring together Low Intensity workers across all the four home nations and consider training, therapist wellbeing, emerging and established roles and practices, and effective engagement with diverse communities.



The morning will have a focus on the value of Low Intensity CBT interventions with discussion of practitioner wellbeing. The afternoon will capture the variety of emerging Low Intensity roles and consider how Low Intensity CBT can be adapted to meet the needs of people with intersecting identities and diverse experiences and needs, using the BABCP BAME Positive Practice Guide as a template and guide.

The event is being subsidised by BABCP and costs £35.00 in person and £25.00 online for members (non-member rates £60.00 in person, £40.00 online).

Full details and registration are here <https://babcp.com/Conferences/2022-Low-Intensity-Hybrid-Event>

Get involved: share your view!

The Government's 10-year Mental Health Plan

The Department for Health and Social Care has issued a call for evidence to inform a new 10-year mental health plan. Information about the consultation and the accompanying discussion paper can be found at: [Mental health and wellbeing plan: discussion paper and call for evidence - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/consultations/mental-health-and-wellbeing-plan-discussion-paper-and-call-for-evidence)

The plan is intended to build on the NHS Long Term Plan and is part of a wider commitment by the government to work towards putting mental and physical health on an equal footing. It will form a key part of its commitments to address health disparities across the country.

The focus of the review is based on the following questions:

- How can we all promote positive mental wellbeing?
- How can we all prevent the onset of mental health conditions?
- How can we all intervene earlier when people need support with their mental health?
- How can we improve the quality and effectiveness of treatment for mental health?
- How can we all support people with mental health conditions to live well?
- How can we all improve support for people in crisis?

The chapters in the paper provide more context about these areas, and set out the key challenges that will need to be addressed through a 10-year plan. For each area, views are sought on a range of questions which stakeholders and people with lived experience of mental health conditions have identified as priorities.

If you would like to be part of the voice of psychological professions in this consultation please add your comments to the [online survey](#). **The closing date is 11.45pm on 7 July 2022.**

British Psychological Society (BPS) 'How did you get that job in...?'

Would you like to showcase your career in psychological professions and the route you took to qualify for this role? The BPS are running a series of Facebook live events titled 'How did you get that job in...?' to showcase different careers in psychology. The aim is to get the audience (primarily intended for students and pre-university members) to think about the different career possibilities within psychology.

The Facebook live event occurs on the first Tuesday of each month. The next session takes place on **Tuesday 5th July at 6pm**. If you are interested in showcasing your current psychological profession, the route you take to get into the role and your plans for career progression, please do get in touch with Julio.Petalio@westlondon.nhs.uk and we will forward your interest.

Other news

Psychological Professionals Vacancies



Programme Manager

National Psychological Professions Team

[Jobs at HEE | Health Education England](#)

Closing 10/07/22 23:59



Programme Manager

National Psychological Professions Team (CAPT training expansion)

[Jobs at HEE | Health Education England](#)

Closing 19/07/22 23:59



Regional Programme Manager

Psychological Professions Network South East

[Job Advert \(jobs.nhs.uk\)](#)

Closing 12/07/22

Save the date!

Join us for an update on trauma-informed practice at the next PPN London Update Event
12th August 2022 – 10.00am-11.00am

