

# **Family and Systemic Psychotherapy**

**PPN - Start your career in the psychological professions**

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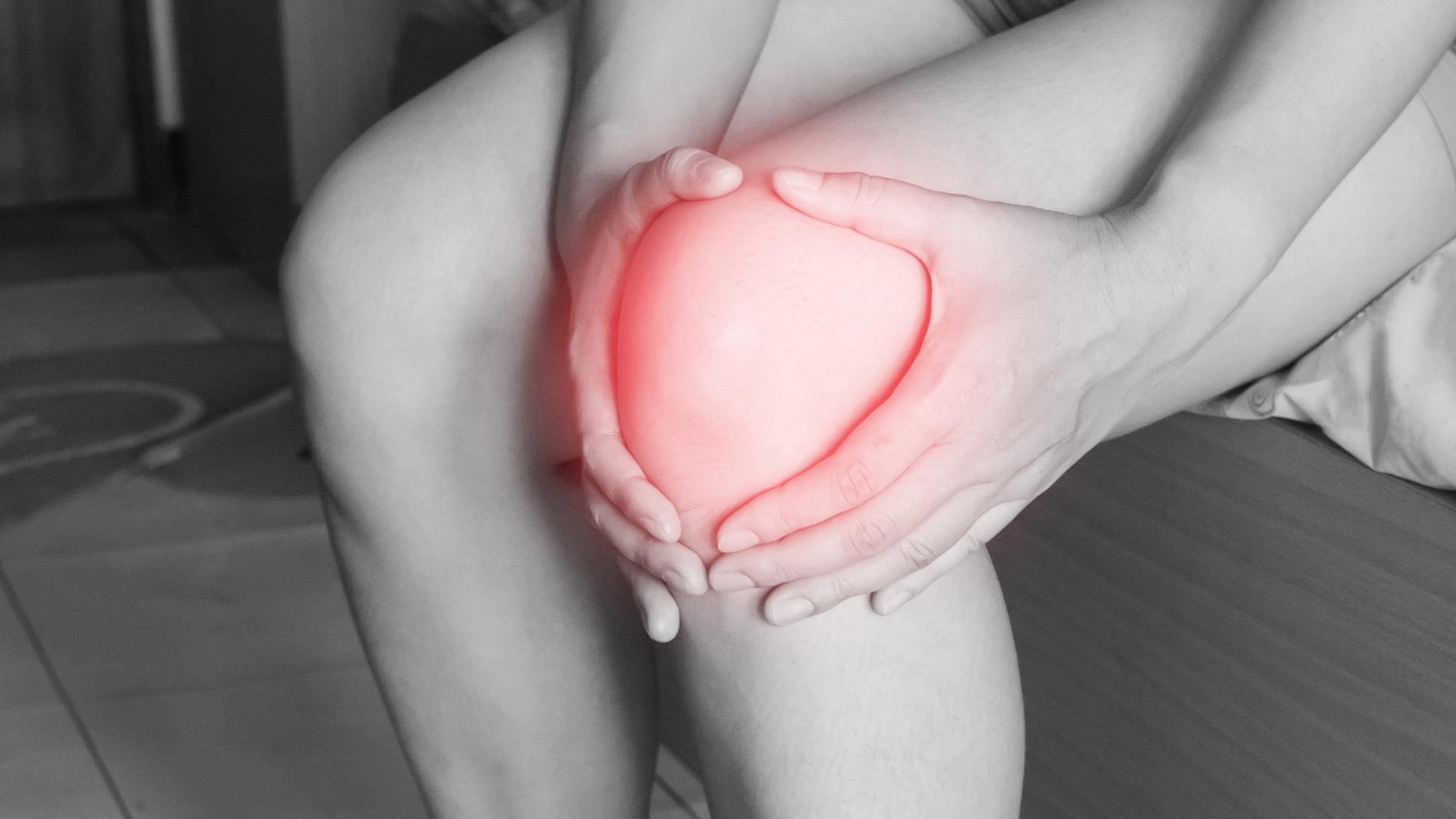
















- Couple relationship difficulties
  - Child and adolescent mental health issues
  - Adult mental health issues
  - Child, adolescent and adult behaviour difficulties
  - Parenting issues
  - Illness and disability in the family
  - Separation, divorce and step-family life
  - Anorexia, bulimia and other eating disorders
  - Fostering, adoption, kinship care and the needs of 'looked after' children
  - Domestic violence and abuse
  - Self-harm
  - Drug and alcohol misuse
  - The effects of trauma
  - Physical illness, death, dying and bereavement
  - Difficulties related to ageing and other life cycle changes
- NHS
  - Mental Health Services
  - Physical Care
  - Local Authority
  - Private Practice
- Organisations, teams and larger systems



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- Prerequisites: core qualification, first degree
- APEL route for people with equivalent experience
- Four year part time MSc
- Split into 3 stages:
- Foundation: introduction to systemic ideas and basic skills acquisition. Usually 10 days over an academic year.
- Intermediate: a deeper and more critical eye on systemic approaches, focus on application of ideas into practice (includes a theory to practice element), usually 10 days over an academic year.
- Qualifying: 2 years, high level of skill development, development of the self of the therapist, gain a variety of experience, developing research skills



# For more information



<https://www.aft.org.uk>

<http://cedar.exeter.ac.uk/systemic/>



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Thank you!